



| P. gen. | Nombre y apellidos | T. oficial | T. real | T. int. 1 | T. int. 2 | Categoría | P. cat. | Club |
|---------|-----------------------------|------------|----------|-----------|-----------|-----------|---------|------------------|
| 21 | BLAI HERMOSO TORNÉ | 00:16:35 | 00:16:34 | 00:05:58 | | PROMESA M | 1 | UGE BADALONA |
| 25 | ZALANY ZENO FACIO | 00:16:45 | 00:16:44 | 00:05:56 | | PROMESA M | 2 | |
| 27 | DORSAL SIN DATOS | 00:16:51 | 00:16:51 | 00:10:57 | | PROMESA M | 3 | |
| 30 | ALEJANDRO GONZALEZ GALLARDO | 00:16:57 | 00:16:57 | 00:10:51 | | PROMESA M | 4 | |
| 32 | JONATHAN UTRILLA | 00:16:57 | 00:16:57 | 00:10:51 | | PROMESA M | 5 | EL UCA |
| 35 | KARAMO BARROW | 00:17:00 | 00:17:00 | 00:10:51 | | PROMESA M | 6 | |
| 36 | JONATAN UTRELLA LOPEZ | 00:17:01 | 00:17:00 | 00:06:09 | | PROMESA M | 7 | |
| 42 | VICTOR AGUILERA REVUELTA | 00:17:08 | 00:17:07 | 00:06:23 | | PROMESA M | 8 | RUNNERS TARRA. |
| 47 | SABER ESSAHELY | 00:17:22 | 00:17:20 | 00:06:10 | | PROMESA M | 9 | |
| 59 | SERGI MAYAS CHACON | 00:17:37 | 00:17:37 | 00:06:26 | | PROMESA M | 10 | ATLETISME MON. |
| 60 | DANIEL VELASCO GARCIA | 00:17:38 | 00:17:36 | 00:06:33 | | PROMESA M | 11 | ABSOLUT SPORT |
| 61 | XAVI CARMONA FERNANDEZ | 00:17:39 | 00:17:33 | 00:06:33 | | PROMESA M | 12 | G.A LLUISOS |
| 65 | ABEL CASTRO AGUILAR | 00:17:46 | 00:17:41 | 00:06:41 | | PROMESA M | 13 | |
| 80 | DANIEL PASTOR ACÍN | 00:18:05 | 00:18:00 | 00:06:39 | | PROMESA M | 14 | STADIUM CASAB. |
| 86 | POL VIZUETE SANDOVAL | 00:18:17 | 00:18:16 | 00:06:45 | | PROMESA M | 15 | RUNNERS TARRA. |
| 90 | GUILLEM MITJANS PANEQUE | 00:18:25 | 00:18:18 | 00:07:04 | | PROMESA M | 16 | ORYCTES ATHLE. |
| 93 | MARC ARAGONES I MAS | 00:18:30 | 00:18:26 | 00:06:48 | | PROMESA M | 17 | CNMATARO |
| 96 | MOHAMED DRIOUICH ELOUAT | 00:18:33 | 00:18:20 | 00:07:10 | | PROMESA M | 18 | BÀSQUET |
| 119 | JAVIER RUZ MARIANO | 00:18:58 | 00:18:48 | 00:06:43 | | PROMESA M | 19 | |
| 122 | MARCEL ARAGONES MAS | 00:19:01 | 00:18:56 | 00:06:43 | | PROMESA M | 20 | C.N.MATARO |
| 126 | ALEIX MOSQUEDA PINELL | 00:19:04 | 00:18:57 | 00:06:59 | | PROMESA M | 21 | |
| 127 | DAVID GIMÉNEZ FONT | 00:19:06 | 00:18:59 | 00:07:18 | | PROMESA M | 22 | LKL |
| 128 | POL RUBIO SARABIA | 00:19:07 | 00:18:41 | 00:07:24 | | PROMESA M | 23 | NÀUTIC EL MA... |
| 133 | MARC VIVES | 00:19:11 | 00:19:10 | 00:06:46 | | PROMESA M | 24 | F.C BARCELONA |
| 141 | HAMZA DRIOUICH ELOUAT | 00:19:19 | 00:19:17 | 00:07:00 | | PROMESA M | 25 | EL MASNOU BAS.. |
| 154 | ROC QUEROL CARBONELL | 00:19:33 | 00:19:28 | 00:07:11 | | PROMESA M | 26 | MAIMAKANSU |
| 155 | JOAQUIM PUEYO ARTERO | 00:19:33 | 00:19:29 | 00:07:20 | | PROMESA M | 27 | ISS HOSPITALET |
| 178 | OSCAR RODRIGUEZ PASTOR | 00:19:48 | 00:19:43 | 00:07:01 | | PROMESA M | 28 | JAMONTCADA |
| 187 | AITOR FERNÁNDEZ MARTÍN | 00:19:53 | 00:19:48 | 00:07:16 | | PROMESA M | 29 | FONDISTES VIL... |
| 214 | SANTI VALLMAJOR I LLUCH | 00:20:07 | 00:20:00 | 00:07:25 | | PROMESA M | 30 | |
| 218 | POL CHARLES PINYA | 00:20:13 | 00:19:52 | 00:08:01 | | PROMESA M | 31 | |
| 237 | MARC FERNANDEZ PERSONAT | 00:20:20 | 00:20:16 | 00:07:26 | | PROMESA M | 32 | G.A. LLUISOS ... |
| 255 | KARAMO BARROW | 00:20:28 | 00:20:20 | 00:07:36 | | PROMESA M | 33 | |
| 275 | DANI MARIN QUIÑONERO | 00:20:46 | 00:20:13 | 00:08:20 | | PROMESA M | 34 | |
| 289 | ALEIX FERNÁNDEZ HERREROS | 00:20:54 | 00:20:48 | 00:07:46 | | PROMESA M | 35 | |
| 293 | MARC ORÓ GILETE | 00:20:59 | 00:20:48 | 00:07:24 | | PROMESA M | 36 | |
| 299 | JESÚS PEDRO | 00:21:03 | 00:20:54 | 00:07:51 | | PROMESA M | 37 | (FUNDACIO FIB... |
| 315 | MIQUEL SOLER LOPEZ | 00:21:11 | 00:21:08 | 00:07:38 | | PROMESA M | 38 | RED RUNNERS |
| 325 | OSCAR SEVILLANO GARCIA | 00:21:17 | 00:21:15 | 00:08:51 | | PROMESA M | 39 | |



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|-----|------------------------------|----------|----------|----------|--|-----------|----|------------------|
| 338 | RAUL HERNANDEZ MARTINEZ | 00:21:28 | 00:21:10 | 00:08:44 | | PROMESA M | 40 | SUPERACCIÓ |
| 361 | ROGER RAMS VALENCIA | 00:21:40 | 00:21:15 | 00:08:23 | | PROMESA M | 41 | |
| 373 | POL CABRESPINA VERGÉS | 00:21:48 | 00:21:21 | 00:08:55 | | PROMESA M | 42 | |
| 378 | JOSEP MÀ* SIMON ROYAN | 00:21:51 | 00:21:27 | 00:08:03 | | PROMESA M | 43 | |
| 387 | CHUNG YUEN LAU | 00:21:53 | 00:21:11 | 00:08:56 | | PROMESA M | 44 | |
| 396 | ERIC RODÀ TRIFOL | 00:21:56 | 00:21:25 | 00:08:12 | | PROMESA M | 45 | |
| 404 | MARCIAL NA DEM NA | 00:22:03 | 00:21:56 | 00:08:23 | | PROMESA M | 46 | SAGRADA FAMILI |
| 407 | DAVID MARCH PONS | 00:22:04 | 00:21:45 | 00:08:33 | | PROMESA M | 47 | NEM |
| 410 | PAU GALLARDO | 00:22:05 | 00:21:58 | 00:08:03 | | PROMESA M | 48 | CLUB ESPORTIU... |
| 414 | CARLOS LINARES BENÍTEZ | 00:22:06 | 00:21:45 | 00:08:51 | | PROMESA M | 49 | |
| 443 | KHALID FILADI | 00:22:20 | 00:22:19 | 00:07:30 | | PROMESA M | 50 | SUPERACCIÓ |
| 447 | GUILLEM TORRES PAGÈS | 00:22:22 | 00:22:10 | 00:07:55 | | PROMESA M | 51 | CLUB OCATA VEN |
| 449 | MIGUEL ANGEL GRACIA LAGUNA | 00:22:22 | 00:22:18 | 00:07:52 | | PROMESA M | 52 | |
| 457 | LUIS ROMAN | 00:22:25 | 00:22:23 | 00:07:37 | | PROMESA M | 53 | |
| 472 | FERRAN ALBIOL FORA | 00:22:33 | 00:22:28 | 00:07:53 | | PROMESA M | 54 | ISS-L'HOSPITALET |
| 483 | IKER LLOVERAS GOMEZ | 00:22:38 | 00:22:29 | 00:08:17 | | PROMESA M | 55 | NEM |
| 494 | ERIC BARRAGAN MARTINEZ | 00:22:47 | 00:22:27 | 00:08:39 | | PROMESA M | 56 | |
| 517 | ARNAU PORTA GELADA | 00:22:59 | 00:22:25 | 00:08:59 | | PROMESA M | 57 | 767METRES |
| 519 | ALEXANDER DE TOMAS PASCUAL | 00:23:00 | 00:22:54 | 00:08:16 | | PROMESA M | 58 | AGRUPACIO ATL... |
| 540 | GUILLEM BRASÓ HINOJOSA | 00:23:11 | 00:22:44 | 00:08:44 | | PROMESA M | 59 | BÀSQUET |
| 553 | ALEIX TAPIES NEVAT | 00:23:18 | 00:23:04 | 00:08:46 | | PROMESA M | 60 | |
| 555 | CRISTIAN MARTINEZ SANCHEZ | 00:23:21 | 00:22:58 | 00:08:32 | | PROMESA M | 61 | |
| 556 | FERRAN SERRANO DÍAZ | 00:23:22 | 00:23:16 | 00:08:13 | | PROMESA M | 62 | |
| 558 | NIL TORRES PAGÈS | 00:23:24 | 00:23:12 | 00:08:24 | | PROMESA M | 63 | CLUB OCATA VEN |
| 563 | ROC CARBONELL MUÑOZ | 00:23:26 | 00:23:18 | 00:08:38 | | PROMESA M | 64 | IES MAREMAR |
| 578 | ROGER MOSQUEDA PINELL | 00:23:31 | 00:23:11 | 00:09:07 | | PROMESA M | 65 | |
| 584 | ROGER BLAS ESCUTÉ | 00:23:34 | 00:23:29 | 00:08:44 | | PROMESA M | 66 | C.A. NOU BARRIS |
| 586 | MARC ABASCAL TORRELLA | 00:23:36 | 00:23:28 | 00:08:29 | | PROMESA M | 67 | |
| 588 | PAU TOQUERO MARTIN | 00:23:36 | 00:23:30 | 00:08:48 | | PROMESA M | 68 | BÀSQUET |
| 593 | SERGI TORNER CABOT | 00:23:37 | 00:23:32 | 00:08:44 | | PROMESA M | 69 | ISS HOSPITALET |
| 595 | ALBERT ROMERO MINGOTE | 00:23:38 | 00:23:25 | 00:08:23 | | PROMESA M | 70 | FONDISTES BLANI |
| 607 | MARTÍ DURAN FELIU | 00:23:44 | 00:23:32 | 00:08:36 | | PROMESA M | 71 | BÀSQUET |
| 616 | MARTÍ PICÓN AYMERICH | 00:23:48 | 00:23:01 | 00:10:31 | | PROMESA M | 72 | |
| 619 | DAVID LLONGARRIU RUIZ | 00:23:49 | 00:23:12 | 00:09:56 | | PROMESA M | 73 | |
| 643 | POL AMER AROCA | 00:24:09 | 00:23:43 | 00:09:29 | | PROMESA M | 74 | CAP |
| 670 | ALVARO CALVO DE MORA SANCHEZ | 00:24:23 | 00:23:36 | 00:09:31 | | PROMESA M | 75 | |
| 683 | RICARD ABAJO CASADO | 00:24:28 | 00:23:47 | 00:09:43 | | PROMESA M | 76 | |
| 684 | ALEX GONZALEZ RAMIREZ | 00:24:29 | 00:23:43 | 00:10:19 | | PROMESA M | 77 | |
| 691 | ENRIC TORRES JURADO | 00:24:31 | 00:23:46 | 00:10:35 | | PROMESA M | 78 | CLUB D'ATLETI... |
| 694 | JOFRE TRIQUELL | 00:24:33 | 00:24:13 | 00:10:16 | | PROMESA M | 79 | |



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|-----|-----------------------------|----------|----------|----------|--|-----------|-----|-----------------|
| 695 | LLUÍS TOMÀS RENART | 00:24:35 | 00:24:19 | 00:08:24 | | PROMESA M | 80 | |
| 702 | RUBÉN BLANDINO GRAU | 00:24:39 | 00:24:07 | 00:09:33 | | PROMESA M | 81 | |
| 703 | ALVARO GUILLEN JIMENEZ | 00:24:39 | 00:24:03 | 00:09:48 | | PROMESA M | 82 | MARMUN ESPORT |
| 708 | JAVI GRACIA CABOT | 00:24:42 | 00:24:38 | 00:07:53 | | PROMESA M | 83 | |
| 709 | SERGIO PAREJA GARCIA | 00:24:42 | 00:24:06 | 00:08:58 | | PROMESA M | 84 | NONSTOP RUNNER |
| 718 | LUCIO ROMAN | 00:24:48 | 00:24:46 | 00:07:51 | | PROMESA M | 85 | |
| 763 | GUILLEM SOUZA MUNDÍ | 00:25:18 | 00:24:40 | 00:10:00 | | PROMESA M | 86 | |
| 771 | BIEL BERGÉ PONS | 00:25:22 | 00:24:57 | 00:09:32 | | PROMESA M | 87 | FERRER I GUARDI |
| 772 | POL BARRAGAN MARTINEZ | 00:25:23 | 00:24:54 | 00:10:00 | | PROMESA M | 88 | |
| 790 | MARC GARCÍA HERNÁNDEZ | 00:25:36 | 00:25:00 | 00:10:28 | | PROMESA M | 89 | INDEPENDENT |
| 792 | ERIC TORREBEJANO ALARCON | 00:25:37 | 00:24:56 | 00:10:12 | | PROMESA M | 90 | BÀSQUET |
| 798 | MARTI ESTEBAN FERNNADEZ | 00:25:41 | 00:25:03 | 00:10:00 | | PROMESA M | 91 | BÀSQUET |
| 801 | JAVIER MOYA VERDUGO | 00:25:42 | 00:25:23 | 00:08:52 | | PROMESA M | 92 | |
| 802 | GERARD ALBERT FELIU | 00:25:45 | 00:25:32 | 00:09:28 | | PROMESA M | 93 | BÀSQUET |
| 817 | MARTI CONESA BABARRO | 00:25:54 | 00:25:17 | 00:10:14 | | PROMESA M | 94 | NEM |
| 818 | POL MAURI VILLANOVA | 00:25:55 | 00:25:18 | 00:10:14 | | PROMESA M | 95 | NEM |
| 823 | FELIX RIVAS | 00:25:59 | 00:25:47 | 00:09:15 | | PROMESA M | 96 | |
| 832 | MARC MARTOS CAMPAS | 00:26:04 | 00:26:02 | 00:08:50 | | PROMESA M | 97 | BÀSQUET |
| 833 | ENRIC ALVAREZ ODENA | 00:26:04 | 00:25:20 | 00:10:43 | | PROMESA M | 98 | |
| 844 | PAU TORRES PAGÈS | 00:26:13 | 00:25:39 | 00:10:23 | | PROMESA M | 99 | CLUB OCATA VEN |
| 846 | ARAM FELIPE MALLÓ | 00:26:14 | 00:25:54 | 00:11:06 | | PROMESA M | 100 | IES MAREMAR |
| 847 | ALBERT MOLINA FANDOS | 00:26:16 | 00:25:31 | 00:09:42 | | PROMESA M | 101 | AE LA SALLE |
| 867 | ROGER PASCUAL PUIG | 00:26:33 | 00:26:19 | 00:10:37 | | PROMESA M | 102 | |
| 870 | ARNAU COSTILLA AZNAR | 00:26:35 | 00:26:29 | 00:09:19 | | PROMESA M | 103 | |
| 873 | MARC CASANOVAS | 00:26:40 | 00:26:08 | 00:09:29 | | PROMESA M | 104 | |
| 875 | ALEX TERRAZA VENDRELL | 00:26:42 | 00:25:57 | 00:11:16 | | PROMESA M | 105 | |
| 876 | GUILLEM PRENAFETA I GUILERA | 00:26:42 | 00:25:57 | 00:11:15 | | PROMESA M | 106 | |
| 882 | HECTOR CALVO MORENO | 00:26:54 | 00:26:45 | 00:09:47 | | PROMESA M | 107 | |
| 892 | ARNAU MASCLANS PUJOL | 00:26:58 | 00:26:47 | 00:09:55 | | PROMESA M | 108 | |
| 897 | ISAAC TABERNER CANADELL | 00:27:04 | 00:26:42 | 00:09:43 | | PROMESA M | 109 | ----- |
| 898 | DORSAL SIN DATOS | 00:27:07 | 00:26:40 | 00:10:14 | | PROMESA M | 110 | |
| 901 | DANIEL PEREZ MARIN | 00:27:09 | 00:26:51 | 00:09:33 | | PROMESA M | 111 | NEM |
| 902 | JOAN BALLESCÀ VILERT | 00:27:09 | 00:26:31 | 00:10:46 | | PROMESA M | 112 | BÀSQUET |
| 914 | GON PÉREZ CARBÓ | 00:27:16 | 00:26:42 | 00:10:31 | | PROMESA M | 113 | |
| 925 | DANIEL GAMERO MEDINA | 00:27:21 | 00:27:21 | 00:10:27 | | PROMESA M | 114 | |
| 936 | AARÓN CAROZ TOVAR | 00:27:39 | 00:26:45 | 00:11:12 | | PROMESA M | 115 | BUFALA. C.F |
| 938 | MARTI RODA TRIFOL | 00:27:44 | 00:27:11 | 00:09:48 | | PROMESA M | 116 | |
| 969 | DAVID DE LLOFRE | 00:28:16 | 00:28:02 | 00:10:41 | | PROMESA M | 117 | |
| 976 | ADRIÀ MIÑARRO BONILLA | 00:28:30 | 00:28:12 | 00:09:55 | | PROMESA M | 118 | |
| 981 | ALEJO SORIANO | 00:28:37 | 00:27:54 | 00:11:13 | | PROMESA M | 119 | |



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|------|---------------------------------|----------|----------|----------|--|-----------|-----|----------------|
| 984 | EDUARD NAVARRO BAUTISTA | 00:28:38 | 00:27:57 | 00:11:11 | | PROMESA M | 120 | |
| 1003 | QUIQUE ALONSO CRESPO | 00:29:01 | 00:28:23 | 00:10:11 | | PROMESA M | 121 | CD MASNOU |
| 1021 | BERNAT ROJO MAS | 00:29:32 | 00:28:43 | 00:11:56 | | PROMESA M | 122 | |
| 1041 | IVAN GARCIA LOPEZ | 00:29:52 | 00:29:32 | 00:10:52 | | PROMESA M | 123 | |
| 1047 | JOEL MEREGALLI FERRANDIZ | 00:29:56 | 00:28:59 | 00:11:40 | | PROMESA M | 124 | - |
| 1055 | JAN PAU PORTOLES | 00:30:15 | 00:29:16 | 00:11:47 | | PROMESA M | 125 | LLUIS MILLET |
| 1056 | JOAN PRENAFETA I GUILERA | 00:30:15 | 00:29:29 | 00:11:58 | | PROMESA M | 126 | |
| 1069 | POL CORDERO NOVA | 00:31:09 | 00:30:37 | 00:11:23 | | PROMESA M | 127 | |
| 1076 | ALEX MARTINEZ FERNANDEZ | 00:31:21 | 00:30:42 | 00:12:13 | | PROMESA M | 128 | CD MASNOU |
| 1078 | SERGI GUASP | 00:31:23 | 00:30:45 | 00:12:40 | | PROMESA M | 129 | |
| 1085 | POL HINOJOSA CONDEMINAS | 00:32:12 | 00:32:10 | 00:10:59 | | PROMESA M | 130 | BÀSQUET |
| 1090 | JAN CARBONELL MUÑOZ | 00:32:29 | 00:32:03 | 00:11:07 | | PROMESA M | 131 | IES MAREMAR |
| 1097 | CRISTIAN TOISÓN TEBAR | 00:33:19 | 00:33:16 | 00:09:51 | | PROMESA M | 132 | IES MEDITERRAN |
| 1098 | POL BIELSA PRIO | 00:33:19 | 00:33:16 | 00:09:51 | | PROMESA M | 133 | IES MEDITERRAN |
| 1100 | KENNY JUNIOR JEAN-ELIE SEVERINO | 00:33:35 | 00:33:17 | 00:12:28 | | PROMESA M | 134 | SUPERACCIÓ |
| 1112 | DARYL DIAZ SALA | 00:36:26 | 00:35:55 | 00:12:36 | | PROMESA M | 135 | |
| 1114 | KEVIN SALA ACOSTA | 00:36:27 | 00:35:54 | 00:12:37 | | PROMESA M | 136 | |